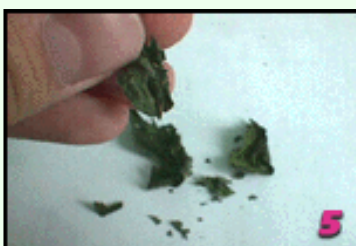


Grow Your Own Mint



In previous materials we told you (almost) everything there is to know about rubbing mint. Alas, one important problem was somehow neglected: finding the necessary mint. Therefore the mint rubbing specialists at RMRA have produced the following practical introductory guide to getting your own mint. Just follow the easy steps below and you will be rubbing your own mint in a matter of hours.



As we all know, mint is a natural product, so first of all, you will need to find the mint plant (1). It can be found in nature or it can be grown in your own garden*. For a thrilling and refreshing experience you can try rubbing some mint on the spot (2). After being done with that, you will need to get the mint leaves and let them dry in the sun (3). Once the leaves are dry (4) you are ready to start your mint rubbing session. As mentioned in an earlier guide, find a quiet, peaceful location and start rubbing your own mint (tm). Isn't this wonderful? Doesn't it give you a feeling of actually doing something useful? Remember to always dispose of the rubbed mint properly (6). Or use it for some tea.



(*). while you're in the middle of nature searching for mint or in the garden, you can also cut some leaves to dogs (1A).

